

# Youth For Tomorrow

## OVER-THE-COUNTER CONSENT FORM

Resident's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Allergies: \_\_\_\_\_

**\*\*\*\* PLEASE CHECK ALL MEDICATIONS WHICH ARE AUTHORIZED TO BE GIVEN \*\*\*\***

✓	PRODUCT	OTHER NAMES	USE
	ACETAMINOPHEN (325 mgs)	Equate, Tylenol, target ...	2 tabs BY MOUTH every 4 hours AS NEEDED, for pain and or fever not to exceed 8 tabs in a 24-hour period
	ALOE VERA EXTRACT		For relief of minor sunburn symptoms. Apply sparingly to affected parts AS NEEDED 2 X DAY
	ANTACID CHEWABLE	Tums, Equate, Rolaids...	2 tabs BY MOUTH every 2 hours for heartburn and indigestion, not to exceed 24 tabs in 24 hours
	ANTIBIOTIC OINTMENT	Neosporin, Equate, target...	For scratches and surface abrasions. Apply topically 2x day as needed. Use for 7 days only.
	ANTIFUNGAL FOOT POWDER		Apply 2x a day to clean, dry feet / fungal infection AS NEEDED. Stop after 30 days.
	BENOCAIN 10-28% LIQUID GEL	Oragel, Ambesol, target...	Apply with swab to area in the mouth. Use for only 7 days. DO NOT USE IF ALLERGIC TO LOCAL ANESTHETICS
	BENADRYL CREAM	, Benadryl (off brand)	Apply to skin irritations, hives, or rashes TOPICALLY 3 times a day as needed.
	BENZOYL PEROXIDE CREAM 5-10%		For treatment of acne. Apply to affected area on clean dry face 2 x day for 30 days then reassess. <b>Keep away from eye.</b>
	BURN SPRAY	Medi-First, Dermoplast	Relieves the pain of minor burns, sunburn, scalds, and abrasions TOPICALLY as needed 2x day
	CALAMINE/CALADRYL LOTION		Apply TOPICALLY to dry, oozing, weeping poison ivy, poison oak, and poison sumac 2 x day as needed. Do not use for more than 7 days.
	CLOTRIMAZOLE CREAM 1%		Gently massage into the affected and surrounding areas 2x a day for candidiasis AS NEEDED. Stop after 30 days.
	CLOTRIMAZOLE CREAM 1%		For fungal infection of skin and feet (athlete's feet). Apply to clean dry affected areas and surrounding skin twice a day for 3-4 weeks.
	COUGH DROPS	Halls, Equate, target...	For the relief of minor cough/throat irritation. 1 drop BY MOUTH every 2 hours, not to exceed 6 in 24 hours.
	DIPHENHYDRAMINE (25 mgs)	Benadryl,	For the relief of runny nose, itchy eyes/skin, or other allergy symptoms. 1 tab BY MOUTH every 4 hours, as needed not to exceed 6 tabs in a 24-hour period
	GUAIFENESIN 100MG/10mg	Tussin, Robitussin, Equate, Sams, Target	For the relief of non-chronic coughs. 2 tsps (10cc) BY MOUTH every 4 hours as needed not to exceed 12 tsps in 24 hours.
	HYDROCORTISONE CREAM (0.5 - 1%)		For itching associated with insect bites, surface abrasions, poison ivy, etc. Apply 2-3 times daily. As needed TOPICALLY
	IBUPROFEN 200 mg	Equate, Motrin, Giant ...	For pain / FEVER/MENSTRUAL CRAMPS 2 tab BY MOUTH every 6 hours, as needed not to exceed 8 tabs in a 24-hour period
	KAOPECTATE		1 tablespoon (15 cc) BY MOUTH as needed after each loose bowel movement. Not to exceed 4 doses in 24 hours. Stop after 7 days.
	LORATADINE 10MG		Temporary relief of symptoms due to upper respiratory allergies: runny nose, itchy, watery eyes, sneezing, itching of nose and throat. 1 tab BY MOUTH daily, not more than 1 tablet in 24 hours.
	Maalox		1 tablespoon (15 CC) BY MOUTH every 4 HRS - AS NEEDED for gas pains or indigestion. Not to exceed 6 doses in 24 hours. Stop after 30 days.
	MENSTRUAL PAIN RELIEF	Equate, PMS, Target, Sams, Midol	2 caplets BY MOUTH every 6 hours AS NEEDED FOR MENSTRUAL CRAMPS not to exceed 4 doses in 24 hours
	MILK OF MAGNESIA		2- Tablespoons (30 cc) by mouth at bedtime followed by 8 oz water for constipation. Stop after 7 days. <b>DO NOT GIVE WHEN ABDOMINAL PAIN, NAUSEA, OR VOMITING ARE PRESENT UNLESS DIRECTED BY NURSE/DOCTOR.</b>
	MUSCLE RUB	Mineral Ice/ Equate ...	Topical treatment for relief of muscle ache. Massage affected area 3 x daily as needed. Use for 3 days only.
	NAPROXEN 220 mgs	Equate, Aleve, Giant ...	1 tab by mouth as needed every 12 hours pain/menstrual cramps Do not exceed 2 tabs in a 24-hour period
	PERMETHRIN CREAM 5%		Thoroughly massage into skin from the head to the soles of the feet for the treatment of infestation of scabies. Shower after 8-14 hours. May retreat P.R.N.
	PSEUDOPHEDRINE (30 mgs)	Equate, Sudafed, Giant ...	1 tab by mouth as needed every 12 hours for sinus congestion DO NOT exceed 2 tabs in a 24 hours
	SALINE NASAL SPRAY		For dry nasal membranes or congestion. Squeeze 2 times each nostril, twice a day as needed.
	SUNSCREEN SPFB-50		To prevent sunburn apply liberally to all exposed parts. As needed 3xday

Physician Name: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip Code

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Other: \_\_\_\_\_

**Physician Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**IMPORTANT: YOU MUST COMPLETE AND SIGN THIS FORM**